

Supply list for 2-day portrait workshop- Ingrid Christensen

Bring a plastic tablecloth, a drop cloth and a lunch.

Pigments:

Artist quality pigments only, please, as they give pure, clean mixes. The label will state "artist quality" or "professional quality". Every brand of paint has both a student and professional line. Some common student brands in oil include: Winton, Academy and 1980. Student grade acrylics include: Galleria, and Basics. These are unsatisfying to work with as student paint has a far lower pigment load and many fillers to bulk it up which results in weak and muddy colour mixtures.

Artist quality paint is more economical because you need less of it to achieve strong colour. You are worth artist quality!

**I've found Golden Acrylics to have the closest working properties to oil paints. They are thick, creamy and highly pigmented.

You will need a warm and a cool of each primary colour. Below is my list but, if you don't use cadmiums because of their toxicity and price, feel free to bring appropriate substitutes. Your reds and yellows will need some opacity, so choose the ones that show "semi transparent" or "semi-opaque" on the label. Pure transparents such as Indian yellow will not be useful. I suggest you look at product colour charts online or in store.

My palette:

Cad red light (some possible substitutes: scarlet lake, Winsor red, naphthol scarlet, vermillion)

Alizarin permanent

Cad yellow or Cad yellow Medium/Pale (possible substitutes: Winsor yellow or Gamblin's hansa yellow deep)

Cad yellow light or lemon (possible substitutes: Winsor lemon or hansa yellow light)

Ultramarine Blue

Cerulean blue hue or phthalo blue

Raw umber

Titanium white

Brushes:

I use mainly hog's bristle and some synthetic filberts, flats and rounds in a variety of sizes. Please bring a large selection of your own brushes ranging in size from large (#12) to medium (#8 or #6) to small (#4). You will also need a large synthetic flat approximately 2" wide for washes.

**Acrylic painters: hog's bristle is not suitable for acrylic paint. Bring springy, firm synthetics. Some will be labelled as mimicking like hog's bristle.

Bring more brushes than you think you'll need - oil painters won't be cleaning their brushes during the day, and acrylic painters will be limiting the amount of liquid in their brushes at all times. Ensure that your brushes are in good condition. If they're stiff, splayed, loose in the ferrule, or worn out, please replace them. Having useable tools will make all the difference to your workshop experience.

Canvases/supports:

Appropriate supports include: canvas (stretched or cut from primed roll and taped to a board, canvas boards, gessoed watercolour paper, gessoed wooden panels. No canvas paper pads, please.

Day 1: 3 medium sized supports (12 x 16, 14 x 18)

Day 2: 1 medium sized, 1 large support (judge size based on your usual working speed and comfortable size range. Max: 24 x 30")

Other supplies:

- Portable easel and small TV table for your palette and brushes (TV table size only. Space around a model is very limited and large tables will not work. You can buy TV tables at stores like Walmart and Canadian Tire, or find them at garage sales). Alternatively, a garbage bag can be put over a chair to protect it, and you can put your palette on that. In this option, you will need a board to create a table-flat surface on the chair.
- Hand mirror (compact size)
- sketchbook and charcoal
- Paper towels or rags (cotton t-shirts or old flannel sheets are the best)
- Flexible, triangular palette knife – paint free, approximately 1.5" - 2" long. You will use it for both mixing and applying paint
- Palette – 12 x 16" minimum. Please don't bring smaller palettes, plates etc. as these don't allow enough space to mix the many piles of paint that you will create during the day.

**Acrylic painters: please bring a Stay Wet palette (with moist foam under the palette paper) so that you can work wet-in-wet.

Oil mediums:

- 1 small lidded container or palette cup with a 50/50 mixture of oil and odourless mineral spirits such as Gamsol or Eco House
- 1 small lidded container/palette cup of pure oil such as linseed or walnut. *No alkyd oils, Liquin, Galkyd etc.

Acrylic mediums:

-acrylic heavy gel medium only. *No retarders, glazing mediums or other mediums; these will not work.

*Brush cleaning will be done at the end of the day, only. There will not be open solvent containers during the painting day.