

## Make it Glow Supply List

**Pigments:** I strongly recommend that you purchase artist quality pigments as they give pure, clean mixes. Look for "artist quality" or "professional quality", not "student quality" such as Winton or 1980.

Student paint has lower pigment load and many fillers to bulk them up which results in weak and muddy colour mixtures.

You will need a warm and a cool of each primary colour. If you don't use cadmiums for health or expense reasons, other pigments may be used. The advantage of the cadmiums is their opacity, so look at the opacity on the tubes of other pigments and try to find semi opaques; you won't find opaques as only cadmiums are opaque in the yellow and red range to my knowledge.

### **Pigments:**

- Alizarin Crimson Permanent (Gamblin)
- Cadmium Red Light OR cad red medium (Gamblin's naphthol scarlet is semi opaque)
- Yellow Ochre
- Cadmium Yellow medium OR Cad. Yellow Pale OR Cad yellow (Gamblin's hansa yellow deep is semi opaque)
- Cad Yellow light OR cad yellow lemon (Gamblin's hansa yellow light)
- Ultramarine Blue
- Cerulean Blue (Hue is fine and much cheaper)
- Raw Umber
- Titanium White

**Brushes:** I use mainly hog's bristle and some synthetic filberts, flats and rounds in a variety of sizes. Most of my work is done with Opus Fortissimo filberts in sizes up to #10

Please bring a large selection of your own brushes ranging in size from large (#10) to medium (#8 or #6) to small (# 4). Bring more than you think you'll need; oil painters won't be cleaning their brushes during the day, and acrylic painters will be limiting the amount of liquid in their brushes at all times. Many brushes is the key!

### **Canvases:**

- 1 @ 18 x 24
- 1 @ 6 x 8
- 1 @ 8 x 10

-Triangular palette knife – paint free, approximately 1.5" - 2" long. You will use it for both mixing and applying paint

-Palette – 12 x 16" minimum. Please don't bring smaller palettes as these don't allow enough space to mix the many piles of paint that you will create during the day.

**Oil mediums:**

- 1 small lidded container with a 50/50 mixture of oil and odourless mineral spirits such as Gamsol
- 1 small lidded container of pure oil such as linseed or walnut. \*No alkyd oils, Liquin, Galkyd etc.

**Acrylic mediums:**

-acrylic heavy gel medium only. \*No retarders, glazing mediums or other mediums; these will not work.

-Paper towels or rags

**Still life objects:** Our colour exploration subjects will be still life, but the colour lessons that you learn will be valuable for any genre of painting.

- 6 small objects that appeal to you: fruit, veg, crockery, cutlery, trinkets, flowers, etc. Any simple household object can be the subject for a painting. Think about variety in size, colour, shape and surface quality (matte, shiny, rough, smooth.)
- cloths or coloured papers to place under still life objects.
- A medium sized box to use as raised platform. We will be setting the objects on boxes on tables in front of your easels.