

Make it Glow Supply List

Pigments: I strongly recommend that you purchase artist quality pigments as they give pure, clean mixes.

- Alizarin Crimson Permanent
- Cadmium Red Light **OR** cad red medium
- Yellow Ochre
- Cadmium Yellow medium **OR** Cad. Yellow Pale **OR** Cad yellow
- Cad Yellow light **OR** cad yellow lemon
- Ultramarine Blue
- Cerulean Blue
- Raw Umber
- Titanium White

Brushes: I use mainly hog's bristle and some synthetic filberts, flats and rounds in a variety of sizes. Please bring a large selection of your own brushes ranging in size from large (#10) to medium (#8 or #6) to small (#4). Bring more than you think you'll need.

Canvases:

- 1 @ 18 x 24
- 1 @ 6 x 8
- 1 @ 8 x 10

Palette knife – paint free and not too tiny. You will use it for both mixing and applying paint

Palette – 12 x 16 minimum.

Oil mediums:

- 1 small lidded container with a 50/50 mixture of oil and odourless mineral spirits such as Gamsol
- 1 small lidded container of pure oil (Linseed or walnut – no alkyd oils, please)

Acrylic mediums:

- acrylic heavy gel medium **OR** Winsor Newton “Flow Improver”

Paper towels or rags

Still life objects:

- 6 objects that appeal to you: fruit, veg, crockery, cutlery, trinkets, flowers, etc. Any simple household object can be the subject for a painting. Think about variety in size, colour, shape and surface quality (matte, shiny, rough, smooth).
- Cloths or coloured papers to place under still life objects.
- A box to use as raised platform. We will be setting the objects on boxes on tables in front of your easels.
- Your lunch